

GOOD NEWS

Voice: (585) 244.3377

March 2020

From the Desk of
Rev. Fr. Angelo Maggos

Parish Registry, Progress Report
Upcoming Church Services and Events

Youth Ministry and Organizations News

From the Desk of Fr. Angelo

The Journey through Great Lent

The services of Great Lent are characterized by an atmosphere of a penitential character. The royal gates to the altar area remain closed to remind us of man's separation through sin from the Kingdom of God. The church vesting is of a somber color, usually purple reminding us of the purple robes of mockery given to our Lord during His Passion. The daily hymns are also of an intercessory character, entreating God through His saints to have mercy on us sinners. Although most Orthodox are familiar with mainly the services of Holy Week, few know the entire collection of services that make up the entire Lenten season. To truly experience both the tragedy of sin and the freedom of repentance every Orthodox Christian should take full advantage of the beauty offered by our Church to properly and fully prepare themselves for the greatest event of Christianity – the resurrection of our Lord and Savior Jesus Christ. So let us take time to review the entire schedule of services.

The Lenten session is prefaced by the Triodion (Τριώδιον) period, which means “three odes” and covers the preparatory weeks leading up to Holy Week. This period extends from the Sunday of the Publican and Pharisee to Sunday of the Prodigal Son and Sunday of Last Judgment. The following week is called Meatfare Sunday (*Apókreō* - literally: the "Leave-taking from Meat") in Greek. Meatfare Sunday marks the change of diet to the fasting practice of Lent, as meat is no longer eaten after this day. The following week, Cheesefare Sunday (*Tyrinē*, - literally: "Cheese Sunday") is just before Clean Monday, when the fasting includes both meat and eggs but not dairy products.

In the Saturday of Souls (Ψυχοσαββατο) liturgies, of which there are three, we pray universally for all the departed. The faithful offer koliva, and names of their departed are all read during the Memorial portion of the service. The Scripture readings refer to the dead and their hope of salvation through Christ who has “trampled down death by death”.

The Forty Days of Great Lent (Μεγάλη Σαρρακοστή), began on Clean Monday (2 March) and increases the intensity of the fast to exclude dairy products and oil, although on two specific feasts during Lent (the Annunciation and Palm Sunday), fish is allowed. The fast lasts until Pascha. In most Greek Orthodox parishes, two services dominate the Forty Days of Lent: the Pre-Sanctified Liturgy (Προηγιασμένη Λειτουργία) each Wednesday and the Salutations (Χαιρετισμοί). On the final or 5th Friday we celebrate the Akathistos (Ακάθιστος).

The Liturgy of the Presanctified Gifts was first documented by St. Gregory the Dialogist (AD 540-604), who was the papal legate to Constantinople. The Presanctified Liturgy is a beautifully solemn evening service combining elements of Vespers with the administration of

Holy Communion added to it. There is no consecration of the Eucharist during the service as the Lamb (Body of Christ) has been pre-*sanctified* (consecrated) at the previous Sunday's liturgy. It comes after a day of spiritual preparation and offers the faithful who are unable to make the effort of total fasting because of weakness or work. Normally a light lenten meal is eaten in the morning or early afternoon. This service was initiated by the early Church to offer strength to the faithful during this time of increased struggle. The prayer of St. Ephraim of Syria that is repeated throughout this service clearly displays the repentance nature of this service:

O Lord and Master of my life: take from me the spirit of sloth, faint-heartedness, lust of power and idle talk.

But grant rather the spirit of chastity, humility, patience and love to Thy servant.

Lord and King, grant me to see my own errors and not to judge my brother, for blessed art Thou unto ages of ages. Amen.

On Fridays of Lent the Salutations to the Theotokos are celebrated in place of the Pre-Sanctified Liturgy that is typically performed in the Antiochian and Slavic traditions. The hymn was composed in Constantinople, "the city of the Virgin," by St. Romanos the Melodist in the year 556. The hymn consists of 24 stanzas with each short stanza (kontakion) ending with the singing of "*Alleluia*." Each longer stanza ends with the refrain: "*Rejoice, O Bride Unwedded*." Most of the hymn is made up of praises directed to the Mother of God, always beginning with the salutation of the Archangel Gabriel: "*Rejoice*." In each of them, one after the other, all the events related to our Lord's incarnation pass before us for our contemplation.

Lazarus Saturday and Palm Sunday immediately precede our entrance into Holy Week and celebrate two significant events in the earthly life of our Lord: His resurrecting His friend Lazarus, and His glorious entrance into the city of Jerusalem. Great and Holy Week begins with the evening Matins of the Bridegroom service on Sunday night where the long *Alleluia* replaces the psalm: ***God is the Lord***. Scripture readings from Genesis and Proverbs are added to Vespers, and the Prophecy of Isaiah to the Sixth Hour. Each of these books is read nearly in its entirety during the Lenten period. The remainder of Holy Week carries us ever deeper into the darkness of Christ's betrayal, arrest, torture, trial, and finally crucifixion until we all celebrate the event of His glorious resurrection with the words "*Come receive the light...*".



A Guide to Fasting During Great Lent

The question of how to fast in the Orthodox parish generates quite a bit of discussion and confusion, especially since there are so many different opinions from different priests on the rules of fasting. Additionally, the rigorous fasting schedule was meant more for those living a monastic life and like exercise the monks build themselves up to this level of endurance. When practiced with this level of rigor, and without proper preparation, those of us living and working in today's world can experience significant health issues which defeats the purpose of fasting.

Since life in today's world can make keeping the fast difficult, I offer the following 3 levels of fasting that hopefully will provide each of us with a way to use the Lenten period to prepare for the joyous Resurrection of our Lord and Savior in a manner which matches our abilities. The other important point to remember is that fasting is a **very personal affair** and you should not despair when others tell you that "you are not keeping the fast correctly" or "I see that you are eating meat"

These 3 levels are based on the 3 pillars of a proper approach to Great Lent: Prayer, Fasting, and Giving Alms.

LEVEL 1 – This is most strict and reflects a strict adherence to the established rules of fasting and requires preparation and training as does any athletic event.

- No partaking of any animal products (animals being defined as having blood), so this includes most fish.
- No partaking of any food derived from animals, such as eggs, cheese, milk, etc.
- No partaking of alcoholic beverages and olive oil; however, olive oil and wine ARE allowed on Saturday and Sunday.

This type of fast is advisable only for those whose lifestyle allows for such a rigid restriction of food. Additionally, just as one cannot immediately participate in a 20 mile marathon without adequate training, this type of fast also requires "training" to be able to endure this level of strictness. This type of fasting is inadvisable for those with demanding jobs, those undergoing stressful situations, the elderly or those taking life-saving medications. This type of fasting must be coupled with a rigorous prayer regiment and a concerted effort to help those less fortunate.

LEVEL 2 – Not as strict as level one, this level focuses more on portion control rather than adherence to strict fasting rules. During Lent the Holy Fathers tell us to limit our intake of food in an effort to practice the discipline of the body and avoid the vice of gluttony. By leaving the table a bit hungry we have a constant and very real reminder of where our focus should be – on God. This was the primary reason for the institution of the Pre-Sanctified Liturgy, which was to offer the faithful the sustenance of Holy Communion to help them keep up their strength and perseverance during the Lenten period. So, for example, instead of having two or three pieces of large chicken breasts, have just one. This type of fast is more appropriate for those with demanding jobs or stressful situations since it offers them the nutrition they need but are still able to observe the essence of the Lenten fast. As with Level 1 on this type of fasting must be coupled with a prayer regiment and a concerted effort to help those less fortunate.

LEVEL 3 – Not everyone's situation is conducive to keeping a strict fast. This includes not only those with demanding situations but also those new to the practice of fasting. At this level the focus is primarily on the other two aspects of Lent: prayer and the giving of alms or charity. To the extent possible, try to keep the fast on Wednesday and Friday at either a level 1 or level 2, but put increased effort on prayer and diligently explore ways to donate your time and talent to works of charity. This could include volunteering at activities such as a soup kitchen, food pantry or lending closet.

All of us are capable of keeping the intent of Great Lent through one of these levels and I encourage us all to devote ourselves to this most important time of the Church year, the preparation to meet our Lord at the culmination of our salvation – His glorious Resurrection. Please don't hesitate to call me or email me with any questions to help guide you in achieving the most out of Lent and Holy Week.

Η ΕΥΑΝΓΕΛΙΣΤΗΣ ΤΗΣ ΘΕΟΤΟΚΟΥ
2020 ΑΚΟΛΟΥΘΙΕΣ ΤΗΣ ΜΕΓΑΛΗΣ ΚΑΙ ΑΓΙΑΣ ΕΒΔΟΜΑΔΟΣ

Σαββατο, 4/11	Θεία Λειτουργία - Ανάσταση του Λάζαρου Πρόγευμα μετά την Θεία Λειτουργία	10:00 πμ
Κυρακη 4/12	Θεία Λειτουργία - Των Βαΐων Ακολουθια του Νυμφιου	10:00 πμ 6:00 μμ
Μεγαλη Δευτερα 4/13	Ακολουθια του Νυμφιου Το τροπάριο της Κασσιανής	6:00 μμ
Μεγαλη Τριτη 4/14	Ακολουθία του Νυμφιου	6:00 μμ
Μεγαλη Τεταρτη 4/15	Μυστήριο του Αγίου Ευχέλαιου	4:00 πμ 7:00 μμ
Μεγαλη Πεμπτη 4/16	Θεία Λειτουργία του Μεγάλου Βασιλλείου Τα Πάθη του Χριστου (Δώδεκα Ευαγγέλια)	10:00 πμ 6:00 μμ
Μεγαλη Πρασκευη 4/17	Ακολουδία των Βασιλικών Ώρων Η Αποκαθήλωσις Ο Επιτάφιος Θρήνος (Τα Εγκώμια)	10:00 πμ 4:00 μμ 8:00 μμ
Μεγαλο Σαββατο 4/18	Θεία Λειτουργία του Μεγάλου Βασιλλείου Αγία και Μεγαλή Κυριακή του Πάσχα (Θεία Λειτουργία της Αναστάσεως)	10:00 πμ 11:30 μμ
Κυριακη του Πασχα 4/19	Ακολουδία της Αγάπης	11:00 πμ

***Χριστός Ανέστη εκ νεκρών, θανάτω, θάνατον πατήσας
και τοίς εν τοίς μν' νμασι ζωήν χαρισάμενος.***

ANNUNCIATION GREEK ORTHODOX CHURCH

2020 SERVICES FOR GREAT AND HOLY WEEK

Saturday, 4/11	Raising of Lazarus Divine Liturgy	10:00 am
Sunday, 4/12	Palm Sunday (Luncheon to follow) Bridegroom Matins 6:00 pm	10:00 am
Holy Monday, 4/13	Nymphios (Bridegroom) Service	6:00 pm
Holy Tuesday, 4/14	Nymphios (Bridegroom) Service Hymn of Kassiane	6:00 pm
Holy Wednesday, 4/15	Great and Holy Wednesday Holy Unction (2 services available)	4:00 pm and 7:00 pm
Holy Thursday, 4/16	Vespereal Liturgy of St. Basil Office of Holy Passion (Twelve Gospels)	10:00 am 6:00 pm
Holy Friday, 4/17	The Royal Hours Vespers of Apokathelosis (The Descent from the Cross) Office of Lamentations (Epitaphio)	10:00 am 4:00 pm 8:00 pm
Holy Saturday, 4/18	Great and Holy Saturday - St. Basil	10:00 am
	HOLY PASCHA RESURRECTION	11:30 pm
Holy Pascha, 4/19	Agape Service Sunday of Love Service	11:00 am

Christ is risen from the dead, by death trampling down upon death
And to those in the tombs, He has granted life!



ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Fr. Angelo Maggos, Presbyter
 962 East Ave., Rochester, NY 14607
 585-244-3377 website: annunciationrochester.org

2020 Lenten Series & Discussion Schedule

As an accompaniment to our weekly Wednesday Pre-sanctified Liturgies, we are offering a series of Lenten topics to deepen our understanding of some of the very important aspects of the Christian faith that are emphasized during Great Lent in preparation for the joyful resurrection of our Lord, Jesus Christ.

As with the Bible Reading Challenge, we have invited clergy from the local area to present different expressions on the topics of Forgiveness, Prayer, Confession and Eucharist.

The Lenten Series Discussion Schedule is as follows:

Date	Lenten Topic	Speaker
March 4th	Forgiveness	Fr Bob Werth
March 11th	Prayer	Rabbi Peter Stein
April 1st	Eucharist (Holy Communion)	Pastor Mike Mullin
April 8th	Confession	Fr Angelo Maggos

Each of these discussions will take place after the Pre-Sanctified Liturgy in our hall. The Pre-Sanctified Liturgy services run from 6:00pm until 7:15pm after which we will all enjoy a pot-luck post service dinner at which time our guest speakers will present for between 20-30 minutes. This will allow time for questions and discussion for another 30 minutes or so. Our guest speakers for this Lenten Lecture Series are:

- Fr. Bob Werth, Priest of St. Frances Xavier Cabrini Catholic Church in Rochester
- Rabbi Peter W. Stein, senior rabbi of Temple B'rith Kodesh in Rochester
- Pastor Mike Mullin, Youth Pastor at Asbury First Methodist, Rochester

Please make time to join us as I am very excited to be the host church for this important series and look forward to spirited and lively discussion as we break bread with our fellow congregations and learn from each other.

Fr Angelo Maggos
 Priest
 Annunciation Greek Orthodox Church
 Rochester, NY



March Outreach Program

Veterans Outreach Center Donation List

For the month of March 2020 our Outreach Ministry has had a request from several parishioners who are interested in Veteran Outreach programs. After meeting with the local Veterans Outreach Center in Rochester it was determined that the Outreach Center is currently distributing personal hygiene kits for local veterans in need. These items are collected from local organizations such as ours. Please consider donating one or several of the items listed below and drop them off at the church. At the end of the month our GOYA will assemble "kits" in medium Ziploc bags after Sunday Divine Liturgy. This is a great Lenten opportunity to compliment the Lenten triad of Prayer, Fasting, and giving Alms.

Travel Size Hygiene Kits

Female

- Deodorants
- Feminine pads
- Lotions
- Razors
- Shampoos
- Conditioners
- Soaps
- Toothbrushes
- Toothpastes
- Anti-bacterial wipes or hand sanitizer bottles

Male

- Deodorants
- Razors
- Shampoos
- Conditioners
- Shaving creams
- Toothbrushes
- Toothpastes
- Anti-bacterial wipes or hand sanitizer bottles



THE LAST WEEK OF CHRIST'S LIFE:

WHAT HAPPENED | WHY IT HAPPENED | WHAT DOES IT ALL MEAN FOR US?

Presented by John Fotopoulos, Ph.D.

SATURDAY, APRIL 4, 2020

Annunciation Family Life Center | 5992 Genesee St., Lancaster, NY 14086

SCHEDULE

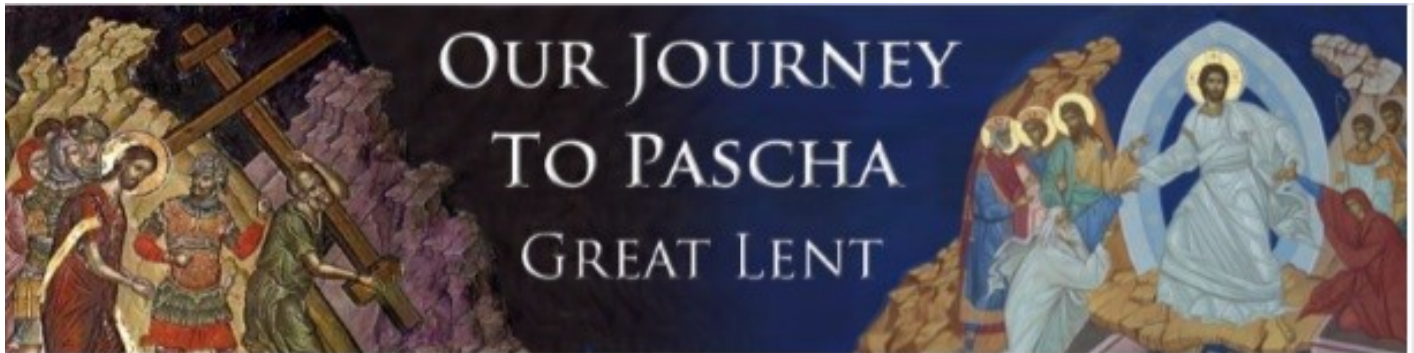
- 10:30 AM-12:00 Noon – The Road to the Cross and the Empty Tomb
- 12:00 PM-12:30 PM – Lunch
- 12:30 PM-2:00 PM – St. John Chrysostom on the Betrayal of Judas
- 2:00 PM-2:30 PM – Questions and Answers

ALL ARE WELCOME - RETREAT IS FREE



Dr. John Fotopoulos is an Associate Professor in the Department of Religious Studies at Saint Mary's College, Notre Dame, Indiana where he has served on the faculty since 2001. He graduated as valedictorian with a B.A. in Pre-Theology from Hellenic College and again as valedictorian with a M.Div. from Holy Cross Greek Orthodox School of Theology. Fotopoulos received his Ph.D. from Loyola University Chicago. His area of specialization is the New Testament and Early Christian Literature within the context of Greco-Roman society and culture, focusing on the Letters of St. Paul the Apostle. Fotopoulos also does scholarly work on the historical Jesus and on St. John Chrysostom. Fotopoulos is a member of the prestigious Colloquium Oecumenicum Paulinum which is a select group of international New Testament scholars that meets biennially in Rome to discuss aspects of St. Paul's letters. Dr. Fotopoulos has published four academic books, numerous articles in academic journals and reference works. He also is an Archon of the Order of St. Andrew the Apostle and was honored with

the offikion ("office") Διδάσκαλος τοῦ Εὐαγγελίου ("Teacher of the Gospel") by His All-Holiness Ecumenical Patriarch Bartholomew of Constantinople. Fotopoulos is married to Dr. Eleni Makris and they have two children.



FLOWERS FOR LENTEN AND EASTER SERVICES

THE FOLLOWING LIST OF ITEMS ARE THOSE USED TO DECORATE DURING GREAT LENT AND HOLY WEEK SERVICES, TO INCLUDE THE TOMB OF CHRIST "EPITAPHIO". IT IS A TIME FOR EACH OF US TO REFLECT AND PARTICIPATE IN THIS LABOR OF LOVE. WE HAVE ARRANGED TO HAVE A VARIETY OF PRICING SO AS TO ENCOURAGE EVERYONE TO DONATE ONE OR MORE OF THE ITEMS LISTED.

YOU CAN DONATE BY:

- Placing your donation in the "EASTER FLOWER" envelope located in the church pews
- Calling the church office or stop by the church during business hours (10am-3pm M-F)
- Mailing your donation to the church

FLOWERS FOR ICONS

1 ST Salutations – Fri, March 6	\$120.00
3 rd Salutations – Fri, March 13	\$120.00
Akathist Hymn – Fri, April 3	\$120.00
Sunday of Orthodoxy – Sun, April 17	\$75.00
Annunciation – Tues, March 25	\$120.00
Salutation – Fri, March 27	\$120.00
Sunday of the Holy Cross, March 31	\$120.00
Saturday of Lazarus, April 11	\$120.00
Palm Sunday, April 12	\$100.00
Nymphios Icon (April 12-April 14)	\$120.00
Nymphios Procession Icon (Sun)	\$140.00
Crucifixion of Christ (Thurs)	\$120.00
The Un-nailing of Christ	\$120.00
Empty Tomb (Holy Sat Morning)	\$120.00
Resurrection Icon	\$120.00

GREAT LENT & HOLY WEEK ITEMS

Rose Water for Epitaphio	\$25.00
12 Gospels Candles	\$120.00
Candles for the Crucifix	\$50.00
Priest Resurrection Candle	\$150.00
Eggs for Resurrection Service	120 Dozen
Daffodils - Sun of Holy Cross	\$ 60.00
Crown of Thorns (Holy Thurs)	\$ 65.00
Palms for the Crosses	\$150.00
Garland for Nymphios	\$ 50.00
Holy Unction Oil	\$ 25.00
Epitaphio Flowers	\$1600.00
Rose Petals	\$150.00
Bay Leaves	\$ 75.00
Potted Easter Lilies	\$125.00



PARISH REGISTRY



40-Day Blessing



Child of God: Nicholaos Stephen Loury

Parents: John & Cait Loury



Child of God: Zoe Phoebe Manos

Parents: Katrina & John Manos



Child of God: Jace Bakolas

Parents: Nick & Amelia Bakolas



Child of God: John David Camelio

Parents: Michael & Vanessa Cameli



Memoriam:



Maria Kostarellis

Interred February 6, 2020



Dimitrios Kiantos

Interred February 8, 2020



Joan Frisiras

Interred February 14, 2020



James Leo Alexandrou

Interred February 17, 2020





142 Webster Ave.
Rochester, NY 14609
585-506-9050
www.raihn.org

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Kim Hunt-Uzelac, LMSW
director@raihn.org

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New Hope Free Methodist
St. Luke & St. Simon –
Cyrene Episcopal
St. Paul's Episcopal
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St. Luke's Episcopal
St. Mary's Catholic
St. Paul's Evangelical Lutheran
St. Thomas' Episcopal
South Presbyterian
Temple Birth Kodesh
Webster UCC

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Studies, Nazareth College
Reformation Lutheran
Summerville Presbyterian

Rochester Area Interfaith Hospitality Network, Inc.

An Affiliate of Family Promise

February 14, 2020

Annunciation Greek Orthodox Church
962 East Avenue
Rochester, NY 14607
Attn: Ladies Philoptochos Society

Dear Ladies Philoptochos Society:

Thank you for your recent donation to the Rochester Area Interfaith Hospitality Network (RAIHN) in the amount of \$3,000. Your contribution offers struggling families hope – and so much more. Please know that your support has a direct and positive impact on the lives of families served by the organization.

Since RAIHN opened its doors in 2004, the organization has helped over 500 families in the shelter program. Approximately 395 families have been served through RAIHN's Aftercare and Stabilization Program, which follows up with families for one year after transitioning from shelter into permanent housing to ensure continued self-sufficiency and stability. In 2019, RAIHN implemented a Prevention and Rehousing Program, which allowed us to expand our services to help 47 families in the community avoid eviction and retain housing. As we continue our 15th year of service, we are eager to increase programming and services to help those families most in need within Monroe County.

We are grateful to the 43 faith congregations and over 1,800 volunteers who provide gracious hospitality to families in the program. This dependence on volunteers and the use of facilities at host congregations on a rotating basis allow RAIHN to provide its service at a fraction of what other programs cost. It is truly a community-wide effort that will eventually eradicate homelessness from the Rochester area and we are grateful for individuals and congregations that want to make a difference for families and keep RAIHN funded and growing. Thank you for being an important part of that effort!

Sincerely,

Kim Hunt-Uzelac, LMSW
Executive Director

Sharon Burke
Board Chair

<i>Donation Amount</i>	<i>\$3,000</i>
<i>Date of Donation</i>	<i>2/9/2020</i>

The Rochester Area Interfaith Hospitality Network is a 501(c)3 nonprofit organization, Federal Tax ID# 41-2064888. No goods or services were received in consideration of this gift.



ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Fr. Angelo Maggos, Presbyter
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 585-244-3377 website: annunciationrochester.org

On the Feast of the Holy Three Hierarchs on January 30th, The Archdiocese celebrated the Greek Letters at the **Student Awards Ceremony** organized by the Greek Orthodox Archdiocesan District Office of Education.

The **Student Awards Ceremony** was held under the auspices of His Eminence Archbishop Elpidophoros of America on Saturday, February 1, 2020, 10:00 a.m., at the Holy Trinity Cathedral in Manhattan (319 East 74th Street). Archbishop Elpidophoros presented the **Three Hierarchs Award of Excellence** to the students who excelled in the *2019 comprehensive Examination in Modern Greek*.

Among this year's honorees, are two students from our own Annunciation Greek-American School. They are Adamantia Dimperis and Maria Karipidis.

This celebration of Greek Letters is an honor for all – the students, their families, and our parish.

RE NEWS

The month of March will be a busy one for our Religious Education students with Great Lent beginning on March 2nd. We will be distributing Lenten Passports to all of our students this month to encourage participation and understanding of the many important dates during Lent. Each student will receive a stamp in their passport for each special service they attend during Lent. This includes the Saturday of Souls, the Saturday of Lazarus, the Sundays of Great Lent and the many special services that make up Holy Week. We will need the parents support to help guide the children through this journey to the final destination of Pascha. As an incentive the student with the most stamps will get Seabreeze tickets to use next summer!

Themes for the month will include Pascha, Theotokos and the The Physical Church. Discussions about The Physical Church will include Icons and iconography, Church Architecture, Candles and Light, The Body and Christ and The Cross. Our older Religious Education students will also be preparing for their Oratorical Presentations which will take place in church on Sunday March 15th.

We would also like to remind parents that all students are welcome to help prepare the Koliva on Saturday March 7th from 10 am to 12 noon in the church hall. This will be in preparation for the Saturday of Souls Liturgy.

Important Dates in March for Religious Education:

Saturday 3/7/20 (10am to noon) – Prepare Koliva for Saturday of Souls Liturgy

Sunday 3/8/20 – Sunday of Orthodoxy

Sunday 3/15/20 – Oratorical Presentation

Sunday 3/22/20 – No RE classes

Looking forward to sharing this journey of Lent with everyone,

Soultana Swain and SarahAnn Panitsidis

Dear Philoptochos sisters,

The National Philoptochos Department of Social Services is starting a "Telephone Caregiver Support Group" beginning the end of February specifically for Orthodox Christians who are caring for a loved one who is elderly, or suffers from a chronic or life threatening illness, or who is disabled. We are fully cognizant that many organizations sponsor caregiver support groups, however, ours is faith-based and thus unique.

For seven consecutive Thursday evenings from **February 27th to April 9th, 8:00 PM EST, we will meet over the telephone**, thus allowing caregivers throughout the Archdiocese to participate.

I respectfully ask that you help publicize the program within your chapters and other appropriate ministries. The attached flyer has been developed to invite participants and has other detailed information. Place post in your cultural centers, have flyers available during coffee hour, and email to all your chapter members and community.

Thank you for all that you do in serving others.

In His Service,

Theone



GREEK ORTHODOX ARCHDIOCESE OF AMERICA
GREEK ORTHODOX LADIES PHILOPTOCHOS SOCIETY, INC.



THE NATIONAL PHILOPTOCHOS DEPARTMENT OF SOCIAL SERVICES
 IS SPONSORING A CONFIDENTIAL

TELEPHONE CAREGIVER SUPPORT GROUP FOR ORTHODOX CHRISTIANS



Are you caring for a loved one who is elderly, has a chronic or life-threatening health condition or who is disabled? Do you wish you could talk to others who are facing the same challenges as you? Do you wish you had someone with whom to share your thoughts, concerns and questions and who understands our faith, our culture and community? Are you so overwhelmed you're not even sure what or who could help?

If you answered yes to some or all and would like more information, please join the
PHILOPTOCHOS TELEPHONE CAREGIVER SUPPORT GROUP

Facilitated by professionals knowledgeable in caregiving and aging services, the support group will "meet" over the telephone on seven consecutive Thursday evenings. Access will be available to Orthodox Christians throughout the Archdiocese.

In a **confidential and safe environment**, we will discuss best practices to help you manage the physical needs of your loved one; dealing with stress, guilt and exhaustion; the importance of self-care; financial concerns; family dynamics and decision-making; resources to help you cope; long-distance caregiving; preparing for the future; spiritual resources to help you find strength and build resilience; and more.

Seven consecutive Thursday evenings:

Dates: **FEBRUARY 27th to APRIL 9th, 2020**

Time: 7:00 pm – 8:00 pm • Eastern Standard Time

Pre-registration Required

Call-In phone number will be provided upon registration

For more information and to pre-register, email supportgroup@philoptochos.org

SPACE IS LIMITED – PLEASE DON'T HESITATE! EMAIL US TODAY.

NATIONAL PHILOPTOCHOS SOCIETY • 126 EAST 37th ST. • NEW YORK, NY 10016 • CONFIDENTIAL SOCIAL WORK #: 212.977.7782



FLORENCE G. STEFANOU MEMORIAL SCHOLARSHIP

SPONSORED BY THE STEFANOU FAMILY
AND
THE METROPOLIS OF DETROIT PHILOPTOCHOS BOARD

FOR MORE INFORMATION AND SCHOLARSHIP APPLICATIONS PLEASE VISIT OUR ANNUNCIATION WEBSITE UNDER “*EDUCATION*” then “*SCHOLARSHIPS*” TO DOWNLOAD AN APPLICATION

THIS INFORMATION IS ALSO AVAILABLE ON THE METROPOLIS OF DETROIT PHILOPTOCHOS PAGE OF THE METROPOLIS OF DETROIT WEBSITE

Applicants must be related to a Philoptochos member

Applications are also available in the church office and after Liturgy in the Community Center.

HALL RENOVATION CHALLENGE PLEDGE

Hall Donor Pledges are continuing, and we are very appreciative of everyone’s support for this project.

Our long-time parishioners and supporters of this community, Nick and Katherine Sfikas, have already graciously donated \$150,000 towards the Hall Renovation Project. As with all of you, they have been keeping up with our progress and have seen that the Hall Pledge Donations to date have not yet reached the goal established at the last General Assembly.

With this in mind, Nick and Katherine Sfikas, have offered a matching pledge program of up to an additional \$50,000 to help us achieve our goal. We are, therefore, encouraging everyone to take up this challenge in whatever way they can. So as to not let this carry on for too long, we have set the deadline for collecting these funds to the end of March, 2020.

Be assured that as we move forward, we will be providing updates on our progress, through our website, the Good News and church announcements.

We are confident that we can meet this challenge that Nick and Katherine have presented to us, so let’s get it done!

Annunciation Parish Council and Fr Angelo

Contact Information (please print all information clearly)

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Email: _____

Donation Amount: \$ _____

Pledge Amount: \$ _____ payment to be made ___ Monthly ___ Quarterly

Payment Form (circle one): Check VISA /MasterCard /American Express

Card Number: _____ Expiration Date: _____ CVV Code: _____

Name as it appears on the card: _____

Signature: _____

This donation/pledge is made in honor/memory of: _____

Please send notification of my gift to: _____

Address: _____

HALL RENOVATION PLEDGE DONORS TO DATE

Nicholas and Katherine Sfikas	James and Mary Cerniglia in memory of
Margaret Kitz	Joanne Colgan
Jeanette and Michael Lazary	Agia Paraskevi
Fr. Angelo and Presvytera Teri Maggos	Chris & Chrisanthy Hetelekides
Maria Vasho	Antonakis & Victoria Georgiou
Jim and Dori Stathopoulos	John & Elaine Vangellow In memory of
Niki Chamberlain	Jennie Mickles
Eric Vangellow	Angeline George
Ronald and Christine Kerxhalli Wiegand	Dimitrios (Jim) Manou.
Elias and Maria Sarganis	Aphrodite Stathis
Mary Critikos In Memory of Irene Joglus	George & Olga Nassis
Marie Sakellariou	Rochester Auto Glass & Mirror Co.
Ana Dobrot	Drosopigi Society Inc.
Vera Bellows	Helen Eisenberg
Vicky Stathe-Smith n memory of her parents,	Nick Grigoriou Family in memory of
Van and Anastasia Stathe	John and Irene Gregoriou
Vasila Augustinos	Akrivi Bitsas
Zoe Stamatis	Soultana Strembenis
Jeffrey & Lauren Gashlin	Stravoula Neamonitakis
Stavro & Mary Mago	Evangelos & Christina Yannas
Kathryn M. Markakis	Constantinos & Elizabeth Zissis
Panhelleic Cultural Association	Vincent & Barbara Moynihan in memory of
Katheryn Balta in memory of Theodore Balta	Eugene & Connie Howard
Dimitrios and Maria Karras	Maria Gines in memory of George Gines
Philip Broikos In memory of Natalie Vasho	Susan & Norman Vaugh in memory of
Aleksandra Velo	Norman E. Vaughn
Maria Vasho (Anthony) Memory Natalie	Vasilios & Fanny Elias
Dr. Elias and Anna Konstantinou	Marie Sakellaniou in memory of
Alpha Iron Works, LLC	Michael and Anthi Tauntas
Stephen & Beverly Hageman	Alan & Vickie Makovsky
Vasilios and Carol Tegas	Angela Lapple in memory of Peter Stamatis
Angie Weaver in memory of Donald John Weaver	Katheryn Balta
Alecia Tahou	Joseph & Patricia Denaro
Janette Nickson in memory of Nick Nickson	Frisiras Family c/o Thomas Frisiras
Sofia Elias	Maria Kostarellis
Mitchell & Tarrie Thomas	Diane Stathe-Streber in memory of
Nicholas Soures & Family in memory of Mary Soures	Van & Anastasia Streber
Joseph & Patricia Denaro	Peter (Pat) & Catherine Stark Estate of
Kiantos Family c/o Sophia Kiantos	Evangelos Bourtis (Spiro Bourtis, Executor)

HALL RENOVATION PLEDGE DONORS TO DATE, Continued

Vicky Stathe-Smith

Dafni & John Antonakakis

AGOC Seniors Club

Christos A. Elias

Anastasia & Ioannis Keisidis

Petsios Family in memory of Dimitrios Petsios

Jeanette Lazary in memory of Peter Stamatis

Angie George in memory of Peter Stamatis

Jim & Mary Cerniglia in memory of Peter Stamatis

Katheryn Balta in memory of Gus Lazary

Panayiotis & theopisti Hatzipapas

AGOC Seniors Club in memory of Mary Pantas

Olympia Stathe in memory of Harry S. Stathe

Chrissie Copoulos in memory of Charles Capoulos

Mary L. Lopoulos in memory of Charles Capoulos

Helen Lazary in memory of Gus Lazary

Ann Bantuvanias in memory of Peter Stamatis

Kasiani Aselas & Family in memory of
Dimitrios Aselas

Despina Stathopoulos

Pavlos & Eleni Panisidis

Jim & Greg Papas & Family in memory of

Jerry & Karin Papas & Pando Brutovski

Kleonike Hassos

OUR BEAUTIFULLY REMODELED CHURCH HALL!



Annunciation Policies

MEMORIAL FUNDS DISTRIBUTION POLICY

All monies received during a funeral or memorial service that are made out to the church, that is, checks marked with "Annunciation Greek Orthodox Church" or cash with the envelope marked with "Annunciation Greek Orthodox Church" will be used for purposes in support of church operation.

These could include support of recognized church ministries, sacramental articles purchased for the church proper or for ongoing campaigns such as Hall Renovation or other capita improvements.

If it is desired that these monies are to be used for other wishes that the family may have the family must ensure that they announce that these checks or cash be designated as such.

All monies received for funerals are tracked, and family members will receive a listing of those who donated and a total amount of the donation, typically within 40-60 days following the date of the funeral. In addition, for all monies received designated "*Annunciation Greek Orthodox Church*," donors will receive a letter thanking them for their donation to the church in memory of the deceased.

POLICY FOR DOCUMENT PREPARATION:

There is a required processing charge of \$40 per document. This charge covers research, preparation and routing of documents such as Certificate of Residency, Certificate of Freedom to Marry, Reissued Marriage Certificate, Reissued Baptism Certificate and Certificate of Death. Additional documents are \$20.00 per document.

ADDITIONAL:

We have wedding candles in the office for purchase which is required at the time of the ceremony. The donation for them are \$30.00.

We also have baptismal candles, \$30 for the large candles and \$7 each for the two (2) smaller candles which are also required at the time of the baptism.

MEMORIALS:

Coffee Hour scheduling for family memorials is the responsibility of the Philoptochos unless other arrangements have been made by the family sponsoring the Memorial. The family which is sponsoring the Memorial is asked to :

1. Contact the Parish Secretary to arrange scheduling for Coffee Hour that day. The Secretary will contact the Philoptochos President.
2. Arrange for or pay for Coffee Hour food items that are in excess of the standard menu (coffee, drinks, and simple snacks).
3. Coordinate the preparation and delivery of Koliva (if used). The Philoptochos or Church office can provide information on persons who can prepare Koliva. The standard rate for the preparation of koliva is \$150 .

2020 ADVERTISING/SPONSORSHIP COMMITMENT FORM

In order to help defray costs of printing and mailing and to increase awareness among our community of the broad range of experience and services available from our parishioners, we are inviting both parishioners and any vendors to our church to consider advertising in our monthly newsletter. Just complete the form below and mail, email or drop off to the church office. For email use office@agocroc.org

Name _____ Phone _____

Address _____ City _____ Zip _____

Contact _____ Email _____

<p>ADVERTISING OPTIONS:</p> <p><input type="checkbox"/> Full Page.....\$500/yr</p> <p><input type="checkbox"/> Half Page.....\$300/yr</p> <p><input type="checkbox"/> Business Card\$150/yr</p>	<p>NOTES:</p> <p>Newsletter is printed 11 months per year as June/July is a combined newsletter</p> <p>For best quality, artwork should be high resolution jpeg files or similar</p> <p>Emailed ads must be 600 dpi or greater PDF</p> <p>Please include or email artwork</p>
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GREEK ORTHODOX CHURCH of the ANNUNCIATION

962 EAST AVENUE
ROCHESTER, NY 14607

ADDRESS SERVICE REQUESTED

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PARISH INFORMATION

CONTACT US:

Voice: (585) 244-3377

Web: AnnunciationRochester.org | RochesterGreekFestival.org

Facebook: www.facebook.com/annunciationrochester

Office and scheduling requests: office@agocroc.org

Stewardship and finance related questions: finance@agocroc.org

CLERGY:

Rev. Fr. Angelo Maggos, Presiding Priest

Email: frangelo@agocroc.org

CHURCH OFFICE HOURS:

Monday through Friday 10:00 am to 3:00 pm

Secretary: Lena L. Livecchi

Email: Office@agocroc.org

Submit Good News Articles to: goodnews@agocroc.org

2020 PARISH COUNCIL

Demetrios Stathopoulos, President

Peggy Votsis, Co-Vice President

Alan Makovsky, Co-Vice President

Helen Eisenberg, Secretary

Eric Vangelow, Treasurer

Demitri Kolokouris, Asst. Treasurer

Karen Balta

Michael Naselaris

Ronald Wiegand